

ST JUDE CATHOLIC CHURCH

590 Poplar St. * Elyria

There is wisdom in taking time-out after a profound loss in order to stop all ordinary activity and live in this non-ordinary time and space. **COME ALONG WITH OTHERS ON THIS JOURNEY OF HOPE AND HEALING AND DISCOVER FOR YOURSELF THAT...**



THE MARRIAGE IS FINISHED BUT I'M NOT

**Presented by Deacon Frank O'Connell
AT THE WATER'S EDGE MINISTRY**
Conference speaker, educator, retreat
director and author of "The Marriage Is
Finished But I'm Not"

**SATURDAY
OCTOBER 20
9am – 3pm**

**St. Jude Community Room / Chapel
Brown Bag Lunch/ refreshments provided**

**RSVP – by Wed., Oct 17 – call the rectory
440-366-5711x104 Deacon Frank
Registration begins at 8:30am Saturday**

*"Within each of us there is a quiet place
THIS SACRED SPACE where peace lives, in
day-to-day life, no matter what challenges
we face, presence of mind allows utter calm
and complete release of worry, anger
or grief." — Deacon Frank*

The loss of a loved one whether through geographic relocation, divorce, end of a friendship, or death – often triggers feelings of bereavement, abandonment, depression, insecurity, fearfulness, and sometimes anger **MORE THAN NOT!**

Come to this day retreat and discover HOW TO CLIMB THE MOUNTAIN. Most of all, how to begin the climb at the bottom of the trail of denial and fear; the two painful stumbling blocks, that come early in this process of adjustment.

- Discover how to handle these fears and get back some self-worth in your life
- Find out how to **COME OUT ON TOP OF THE MOUNTAIN** by rebuilding your Faith during this prayerful and informative day. Like life itself, the process of growing is the source of your greatest benefit.

**CLIMB AT YOUR OWN PACE,
BUT CLIMB.**

**Plan to come to this unique time
and invite a friend**

Endorsed by the Cleveland Diocesan Office for the Divorced, Separated & Remarriage